Blueprint meeting for Coaches & Consultants - 17 September 2019

Meeting Objectives:

- Raise awareness of the different ways in which you all work
- Exchange experiences and learning
- Help you to inspire each other
- Give you the opportunity to network

Sessions:

Sarah Rozenthuler – led a session exploring four types of organisational purpose – she explained that despite good intentions, many ‘espoused’ expressions of purpose are some distance away from the ‘actual’ purpose that the organisation embodies. In our groups we looked at how these four types of purpose related to each other in different organisations and how we might go about helping to better align the actual purpose with the true and espoused purposes of the organisation. CLICK HERE to see the ‘tool’ Sarah shared with us.

Tracy Skyrme, from Tapestries – shared insights from a live example of work she has been doing on purpose in a large corporate. She explored how coaches and consultants working with companies can sometimes feel. We explored this on our tables, discussing how we can embody who we are, how we can be close enough to be relevant but not so close that we are captured and other challenges we face in this type of work.

Julia Rebholz – shared insights from her work on shifting mind-set and led an experiential exercise asking us to explore how we felt when we are at ‘peace’. This uncovered a set of qualities that show up every time she has run this exercise, which she described as our ‘natural state’ when we are at ‘peace’ and when we are ‘still’. She then described work she has been doing with companies where their purpose acts as a signal and reminder of this natural state.

Rosanna Williams-Wood – described the work of The Trusted Executive Foundation with NAHL and discussed trustworthiness in business. You can find more information here: https://trustedexecutive.com, CLICK HERE to see a page from the NAHL annual report which explains how they have integrated the framework that Rosanna shared with us.

Tim Malnick – from Different Space – led a session exploring our unconscious stories about money as a powerful way to support purpose led and responsible work for individuals and organisations. You can find out more about Tim and his money work at his website: https://differentspace.co.uk/the-money-workshop/.