

Blueprint Dinner Discussion

- Mental Health in Construction

In mid-February we convened a dinner on the topic of mental health in the construction industry. The dinner was hosted by Steve Fox, CEO of BAM Nuttall, and attended by CEOs and senior leaders from 16 major construction firms. Mental health charities Mind and The Movember Foundation were also present.

Attendees discussed the role that leaders could play, including role modelling and enabling open behaviour, sending a message to all staff that mental health is important, providing training for line managers and creating clear pathways for people whose mental health deteriorates. There was a real sense in the room that action needs to be taken, and that the best way forward was to work together on this important issue.

February 2017